

## **BLOOD**

Air

hot and moist

"SANGUINE"

amorous, happy, generous

## **YELLOW BILE**

Fire

hot and dry

"CHOLERIC"

(violent, vengeful)

## **PHLEGM**

Water

cold and moist

"PHLEGMATIC"

dull, pale, cowardly

## **BLACK BILE**

Earth

cold and dry

"MELANCHOLIC"

gluttonous, lazy, sentimental

- By 1600 it was common to use "humour" as a means of classifying characters
- Knowledge of the humours is important to both understanding later medieval works and Elizabethan drama.

# Where's Your Sense of Humour?

**Horoscopes although accurate are complicated.** Twelve signs involving moons, planets and rising signs--a lot for any gal to remember!

We discovered a hot new science that is simple to remember and will aid you in your life choices. Whether you are buying a new dress or changing career, understanding your humour can prove invaluable.

## The Four Humours

- Sanguine
- Phlegmatic
- Choleric
- Melancholic

## Which humour are you? Find the humour that matches you best:

- A) Face rather pink, muscular triangular body
- B) Soft round or oval body, pale face, tendency to retain fluid
- C) Hard rectangular body with yellow complexion
- D) Thin body greyish face

## If your body matched A then you are: Sanguine

**Excess:** Blood

**Character traits:** Kind, joyful, sexy, generally happy and optimistic.

**Element:** Air

**Complementary Colours:** Blue, Yellow--in fact any colour you like your personality will guide you through.

**Accessory:** Kicky purse.

**Avoid:** All the other humours.

**Best Career Bet:** Social worker, saint, model, race-car driver

**Best Chance for Romance with:** Sanguine

## If your body matched B then you are: **Phlegmatic**

**Excess:** Phlegm

**Character traits:** Can be compassionate and sympathetic. Prone to becoming frightened, to crying and to being sad. Cowardly, unresponsive lack intellectual vitality.

**Element:** Water

**Complementary Colour:** Yellow, beige. off white.

**Accessory:** Game Boy

**Avoid:** Cold foods and drinks and any discussion requiring facts. Coffee will induce sleep so it is best to give it a miss.

**Best Career Bet:** Politician

**Best Chance for Romance with:** Sanguine

## If your body matched C then you are: **Choleric**

**Excess:** Yellow Bile

**Element:** Fire

**Character Traits:** Practical and logical but at the same time inclined to anger, provocation, and impatience Obstinate, vengeful, impatient, easily aroused to anger.

**Complementary Colour:** Blue

**Accessory:** Laser pointer

**Avoid:** Pears, apples milk and cheese and Buicks and instruction manuals.

**Best Career Bet:** Gym teacher.

**Best Chance for Romance with:** Sanguine

## If your body matched D then you are: **Melancholic**

**Excess:** Black Bile

**Element:** Earth

**Character Traits:** Intelligent and complicated mind but have a tendency to be restless and depressed. Excessively contemplative, brooding, affected, gluttonous, satiric.

**Accessory:** PDA device.

**Avoid:** salt meat, red deer, beef and goat and Existentialism.

**Complementary Colour:** Grey, charcoal, dark brown,

**Best Career Bet:** Movie Critic.

**Best Chance for Romance with:** Sanguine