MEMORANDUM FOR ALL CADETS

FROM: SO

SUBJECT: How to Tell If You Are Hydrated

1. So you know that hydration is very important to your body, but how do you know if you are hydrating enough, not enough, or too much? There are 2 simple methods that work quite effectively:

   a. **Thirst Level.** To a certain degree your body knows when it needs fluids by telling you that it is thirsty. If you are thirsty, then you most likely need to drink something! If you become very thirsty, then that may be an early sign of dehydration.

   b. **Urine Color.** Another way to tell is by observing the color of your urine.

      (1) **Slightly Yellow or Not Perfectly Clear = Properly Hydrated.**

      (2) **Dark Yellow = Dehydrated**

      (3) **Perfectly Clear = Probably Overhydrated**

2. Regardless of your thirst level or urine color, always remember to **pay attention to the early symptoms of dehydration,** especially while exercising.

3. If you have any questions or safety concerns please feel free to contact myself at pdixon@purdue.edu or by phone at (765)621-1081. Safety First!

   PATRICK J.D. DIXON, C/Maj, AFROTC
   Safety Officer
MEMORANDUM FOR ALL CADETS

FROM: BW/DS

SUBJECT: Football

1. Purdue is planning on defeating Ball State this Saturday beginning at 1300. Many people are planning on watching this happen. I am planning on seeing you sign up to help make sure observing such a spectacle is safe and enjoyable for everyone. Thank all of you who have helped work security for the first two football games. You make our detachment operate because we cannot operate without the money that you make for us. Remember, if you work three games, your ticket to dining out is free. If you work six games your date’s ticket is free as well.

2. You may be thinking, “I would really like to help out with such a noble cause, but I already have season tickets and I don’t want to waste them.” Here is some good news for you. On the WIF table is a sheet for you to sign up to either sell your student tickets, or buy student tickets from other AFROTC cadets. Just put your name, contact information, and ticket you would like to either sell or buy. This way, you can connect with a cadet who has an opposite interest in that specific ticket. Now season ticket holders are without excuse. It would be a dream come true if zero cadets had to buy a ticket to dining out for themselves because everyone worked at least three games. I implore you; make my dream a reality; work football.

DEREK M. SMITH, C/1Lt, AFROTC
Boilerwing Director of Support
MEMORANDUM FOR ALL CADETS

FROM: ITO

SUBJECT: Login Issues

1. There have been several cadets that have been unable to log in to any computer in the lounge. This memorandum addresses the solution to that problem.

2. If you cannot logon to the lounge computers, go to an itap computer lab on campus (such as ENAD), and logon there. Change your password using the card swipe on the keyboard (if enabled), or by going to http://www.itap.purdue.edu/ and clicking on ‘Change my password’. You can change your password to the same thing as before, but you must complete this process for it to update in the system. You should now be able to login to any of the lounge computers.

3. If this method does not work or if you have any questions please contact me by email at jwirth@purdue.edu or by phone at (610) 216 - 4031.

JASON T. WIRTH, C/1 Lt, AFROTC
Information Technology Officer
MEMORANDUM FOR ALL CADETS

FROM:  ITO

SUBJECT:  Lounge Computer Usage Policy

1. The following memorandum details the usage policies for the lounge computers.

2. The computers in the lounge are reserved for detachment purposes. Do not be tying up a computer on Facebook or other non-related websites. That’s what Purdue invented itap labs for.

3. Do not print anything non-detachment related from any of the printers in the lounge or cadre office. Currently only one printer works (hp 940c), so if you are using that computer, there is a 15 minute time limit so that other people can use it to print as well.

4. Please remember to log off after you are done using the computer. If you do not, the computer will lock itself to prevent anyone from accessing your account. Unfortunately, this means that no one else can use the computer until it is shut down or you log off. If any computers are found locked and the person logged on is not in the lounge, they will be restarted and you will lose all unsaved data.

5. If you are having any technical difficulties with any computer, please bring it to my attention immediately so I can have it fixed as fast as possible. My box is N4.

6. If you have any questions contact me by email at jwirth@purdue.edu or by phone at (610) 216 - 4031.

JASON T. WIRTH, C/1 Lt, AFROTC
Information Technology Officer
MEMORANDUM FOR ALL CADETS

FROM: MWR

SUBJECT: Want to play paintball?

1. The time is coming for vengeance on the upper classmen! How’s that? You get to shoot them! Of course, the time and place for this is the Det. 200 paintball outing, the only place you can relieve tension at over 200 miles per hour.

2. If you’re interested in going, make sure to put your name and AS year down on the paintball interest sheet in the WIF sign-in binder—otherwise, not everyone may be able to go.

3. If you’re unsure if you want to go because you’re afraid of getting, have a look at the MWR board (over by the computers) for some quick facts about being on the receiving end. The busses will leave at 0930 on 14 October, so make sure you can be there by that time. The fun starts at 1000, and will last about four hours, so if you think you’ll get hungry, definitely plan on bringing some food.

4. If you have any questions contact me by email at robinson@purdue.edu or by phone at (765) 714-4792.

AARON J. ROBINSON, C/1Lt, AFROTC
Morale, Welfare, Retention Officer

Attached: Paintball outing interest sheet
MEMORANDUM FOR ALL CADETS

FROM: BW/XP

SUBJECT: Event/Travel Planning Forms

1. When it comes to events there are two things that you can be sure of. The first is that you will have fun. The second is that you will have a lot of paperwork to do before the event.

2. Those of you who are in charge of events will need to complete an event planning form at least 3 weeks in advance of any activity where you will be spending the wing’s money. Events that will be spending the wing’s money include, but are not limited to: Career night, Dining Out, Air Force Birthday, etc. If you have questions whether or not you need to fill out an event planning form, please come and see me.

3. For those of you who are not planning an event, or are not going to be spending the wing’s money, you can turn the page. Those who are still reading, make sure that you come and see me for your event planning form, so that we can make sure that your event goes without a hitch.

4. If you have any questions, or need an Event Planning Form contact me by email at rburns@purdue.edu or by phone at 765-479-1069.

ROBERT P. BURNS, C/CAPT, AFROTC
Boiler Wing XP
MEMORANDUM FOR ALL CADETS

FROM:  RSO

SUBJECT:  PT for Sick/Injured Cadets

1. If you are attending PT, and you are sick or have an injury that does not allow you to completely participate in the program for the day, you will need to come see me.

2. I will work with you so the exercises you will be doing are within your ability. If you are completely unable to participate, you may be allowed to sit out, but you will still need to attend PT.

2. If you have any questions contact me by email at kharbeso@purdue.edu or by phone at 502-548-0595.

KEITH A. HARBESON, C/1Lt, AFROTC
Recreational Sports Officer
MEMORANDUM FOR GMC

FROM: GMCA

SUBJECT: Shirt Guarder and Rank Spreader Order

1. This memorandum contains all necessary information for anyone interested in purchasing shirt guarders and/or rank spreaders.

2. If you are an AS100 or a new cadet, keep reading. If not, skip to point 3. Rank spreaders and shirt guarders are two of our little secrets that keep our uniforms looking sharp throughout the day. Rank spreaders prevent your rank from folding over and help them from sliding up your epaulets. Shirt guarders pull your shirt down to keep your military tuck crisp and prevent you from having to readjust your shirt all day.

3. The cost of a set of 2 rank spreaders is about $2. And the cost of a set of 2 shirt guarders is $5.50. I would recommend using 4 guarders and thus purchasing two sets.

4. In front of your flight sign-in sheets in the sign-in folder is an order form and envelope. If you would like to make a purchase, legibly write your name and check the column beneath what you are purchasing and place your exact change in the envelope.

5. If you need any more information or have any questions I can be reached by phone at 714-931-2412 or by email at creimer@purdue.edu.

\signed\

CARLY A. REIMER, C/3C, AFROTC
General Military Course Advisor

Attachments:
1. Guarder and spreader sale
MEMORANDUM FOR GMC

FROM: XO

SUBJECT: Staff Positions

1. GMC, the POC have requested you to help them with their positions. That gives you the opportunity to work directly with a POC. This is an excellent opportunity for you to learn how the Cadet Wing organizes events and activities. There will not be a big time requirement, so you shouldn’t have to worry about not having enough time to participate.

2. If you are interested, sign up in the front of the WIF Sign-in Binder.

3. If you have any questions contact me by email at whacker@purdue.edu or by phone at 815-228-0977.

WILLIAM T HACKER, C/MAJ, AFROTC
Executive Officer
MEMORANDUM FOR ALL CADETS

FROM: RSO

SUBJECT: Sports Day

1. Sports day this Sunday will be the continuation of the Ultimate Frisbee tournament. Please refer to the attachment in the WIF sign in binder.

2. If you have any questions, requests, or activity ideas, contact me by email at kharbeso@purdue.edu or by phone at 502-548-0595.

KEITH A. HARBESON, C/1Lt, AFROTC
Recreational Sports Officer
MEMORANDUM FOR ALL CADETS

FROM: AO

SUBJECT: Cadet of the Month Award

1. This semester there will be Cadet of the Month award given to an outstanding GMC and POC each month. This award is for cadets who go above and beyond what is required of them. If you feel a certain cadet has done outstanding work, or he/she deserves to be recognized please nominate them for this award.

2. To nominate a GMC/POC just fill out a Nomination Sheet, located on the WIF table, and put it in my box, N2. At the end of each month a GMC and POC will be chosen for the award.

3. If you have any questions you can contact me by e-mail at wilsonlm@purdue.edu or by phone at (239) 707-7711.

LAURA M. BURNS, C/1Lt, AFROTC
Awards Officer
MEMORANDUM FOR GMC CADETS

FROM: AO

SUBJECT: Honor and Warrior Flight

1. Honor and Warrior Flight will be announced at LLab at the end of each month. Honor Flight is based on the attendance at Mandatory events. The criteria are as follows: LLab Attendance 30%, WIF Sign-In 15%, PT 30%, LLab Quizzes 15%, Other Mandatory Events 10%. The points will be calculated based on the percentage of the total flight attendance.

2. Warrior Flight will be based on the attendance at non-mandatory events. Night Flight 25%, Study Tables 15%, Attending 3 PT sessions 30%, Working Football Games 20%, Sports Night 10%.

3. If you have any questions you can contact me by e-mail at wilsonlm@purdue.edu or by phone at (239) 707-7711.

LAURA M. BURNS, C/1Lt, AFROTC
Awards Officer
MEMORANDUM FOR ALL CADETS

FROM: AAS DO

SUBJECT: POW/MIA Vigil

1. Arnold Air Society will be holding a 24 hour POW/MIA Vigil this Thursday and Friday (14 Sep 06 and 15 Sep 06). We would like to raise community and campus awareness of the people who gave up everything they had in the name of service to their nation. We hope that as future members of the Armed Forces, your support of these tremendous individuals will help inspire others to learn more about our POW/MIAs.

2. The Vigil will be held in Memorial Mall with opening ceremonies starting at 0730 on Thursday, 14 Sep 06 (kicking off LLAB) and closing ceremonies beginning at 0730 on Friday, 15 Sep 06 (at the close of the Tri-service run). The vigil will be similar to those held in previous years, with a cadet inside our POW cage and a guard standing watch. POWs and guards will remain at their post on the Memorial Mall, but they will be rotated every hour for the full 24 hours of the vigil. We will need 72 slots filled, 48 guards and 24 POWs. A sign up sheet is attached and everyone is highly encouraged to participate. Please fill the first guard and POW first and be specific about what times you can fill.

3. Uniform for the guards will be BDUs or service dress. Uniform for POWs will be AFROTC PT attire or a flight suit. Procedure for guard and prison changing will be explained to those participating.

4. There will also be a candle light vigil held Thursday, 14 Sep 06 at 2030. We would like as many people as possible to attend this ceremony so please talk to friends and classmates about this event. Please help us to honor their memory. If you have any questions I can be reached by email at creimer@purdue.edu or by phone at (714) 931-2412.

// signed //

CARLY A. REIMER, C/1Lt., AAS
Director of Operations

Attachments:
1. POW/MIA Sign Up
MEMORANDUM FOR ALL CADETS

FROM: CP/Dining Out

SUBJECT: Dining Out

1. The most exciting event of the semester will be here before you know it! Dining out is an Air Force tradition. It’s a formal dinner that we have every year and this year there will be a dance afterwards.

2. Dining Out will be held this year at University Inn which is right across the street from Wal-Mart in West Lafayette. It will be Friday, November 10\textsuperscript{th} starting at 6pm.

3. Tickets for dining out are 35 dollars per person. So make sure to work football games! You only have to work 3 games to get dining out paid for yourself.

4. Start thinking about if you have a special someone you would like to bring with you to dining out. Sign up sheets will be coming out shortly.

5. I hope everyone is excited about this as I am! If you have any questions feel free to contact me by email at dyaple@purdue.edu or by phone at 502-905-9911.

DANIELLE E YAPLE, C/1Lt, AFROTC
Chief of Projects- Dining Out
MEMORANDUM FOR AS300s

FROM: CP/Dining Out

SUBJECT: Vices

1. It is time to choose the most important position for Dining Out, the vices. If any juniors are interested in being a Vice for this year’s Dining Out, please write me a memorandum stating why you should be a Vice and what you would do to make Dining Out the best experience ever. Please put the memo in my mailbox N10, NLT COB Tuesday, September 19.

2. If you have any questions feel free to contact me by email at dyaple@purdue.edu or by phone at 502-905-9911.

DANIELLE E YAPLE, C/1Lt, AFROTC
Chief of Projects- Dining Out